



Triad Care, Inc. is looking forward to seeing you at the biometric screening event. Please take a moment to review the information below to become familiar with the screening process.

Important Information

1. It is recommended that you fast for 12 hours before your screening time. Please do not eat anything or drink anything, other than water, for the 12-hour period before your screening time.
2. We encourage each participant to drink 8 ounces of water an hour before their scheduled screening time. This helps prevent dehydration.
3. To ensure the most accurate results, fasting is recommended, but not required. If you have been advised not to fast by a medical provider, please continue to follow your provider's instructions.
4. Please continue to take all medications at normally scheduled times.
5. Please wear a short-sleeved or loose-fitting shirt to provide necessary access for accurately measuring blood pressure.
6. Please review your scheduled screening appointment time and bring all completed paperwork with you to the screening event. You should have a copy of the Biometric Screening Event Form, Privacy Policy and Consent Acknowledgement Form. If you are missing any of these documents, please contact your human resources (HR) department.
7. If you have any additional questions or concerns about your biometric screening, please contact your HR department, or call Triad Care, Inc. at 336-541-6475, option 0.