

Calibrating the Cardio Chek Machine and Completing a Complete Lipid Panel and Glucose Reading

1. Remove black protective covering.
2. Clean sensor with alcohol swab and allow to air dry.
3. Turn machine on (circle button).
4. Do not install memo chip.
5. Arrow over 3x to "utility" and press the circle button.
6. Machine will read "Check Strip."
7. Press the circle button. Machine will read "Insert Strip."
8. Insert gray strip. Wait a few seconds. Machine will read "Testing."
9. Ensure the test has passed.
10. Remove strip.
11. Document in blue folder that machine passed or failed.
12. Arrow over 4x to "Exit" and press the circle button.
13. Arrow over 3x to "Run Test."
14. Press the circle button. Machine will read "Install Memo Chip."
15. Confirm your Memo Chip # matches the Strip lot #.
16. Install Memo Chip with yellow side down and press the circle button.
17. Machine will read "Insert Strip."
18. Insert your glucose strip (White).
19. Insert your lipid strip (Black with yellow).
20. Collect and apply samples (see separate instructions).

Glucose Sample Only

1. Turn on machine with memo chip installed.
2. Insert glucose strip.
3. Obtain sample- Machine will read "Insert Strip."
4. Hold down the arrow key.
5. Glucose results will be displayed.
6. Document glucose results.

Retrieving Lipid Panel from Memory

1. Remove the memory chip from the machine.
2. Arrow over 2x to "Memory."
3. Click the circle button- machine will read CHEM.
4. Click the circle button- machine will read eGlu+LIPIDS.
5. Click the circle button.
6. The most recent lipid panel will appear on the screen. Arrow over one time for the LDL. Be sure to note the time you completed the lipid panel.
7. Be careful not to go too far. The machine will hold 100+ lipid panels. If you go past the lipid panel you need, turn the machine off, holding both buttons down, and start over.

Power Off the Machine

1. Hold the circle button and the triangle button down at the same time and the machine will power off.